

Summary Report

Workshop on HIV/AIDS Risky Behaviors among Young People in Cambodia

Date: 19th August 2014

Venue: Conference Room, National AIDS Authority

I. Rational

To follow up the previous training on HIV and AIDS among young students from the various universities in Phnom Penh, the National AIDS Authority (NAA) in collaboration with People Health Development Association (PHD) and Cambodian Youth LEAD organized a workshop on HIV/AIDS Risky Behaviors among Young People in Cambodia. The workshop was funded by MTV Staying Alive Foundation through PHD. This gathering brought around 40 young students and 10 technical officers and senior officers working in HIV/AIDS/SHR sectors.

II. Objectives of the Workshop

The objective of the HIV/AIDS Risky Behaviors among Young People Workshop was to provide basic knowledge and updated information on HIV/AIDS/SHR. It also provided the opportunities for young people who are the new generation to get involved in HIV/AIDS response. Based on their gained knowledge and experiences, the participants will be able to develop their work plan or action plan from their own community perspectives.

III. Key Results

-During the opening session H. E. Dr. Teng Kunthy, Secretary General of National AIDS Authority (NAA) delivered his remarks by emphasizing on the three-point related to young people in particular university students:

1. Promote engagement of young people into HIV and AIDS response as they are being a new generation of HIV and AIDS.
2. The new policy of the Royal Government of Cambodia is also addressed Young People is a component because of their sexual behaviors.
3. Networking, the participants are able to form as a group or informal network to raise HIV and AIDS awareness including friends, family and their community. By doing this, the participants will be suggested to use the existing networks.

- Briefing on background of People Health Development Association (PHD) and currently project which funded by MTV Staying Alive Foundation.

- PHD was established and officially registered in August 2005 as a non-government organization.
- PHD's vision is committed to the dignity and freedom of all society and seeks to improve the quality of life of all people, especially those made vulnerable by poverty and social issues.
- PHD's mission is committed to work with and for young people to create the positive social change and empowerment youth in confronting social issues through working with Cambodian government and local communities to promote sustainable development,



poverty reduction, and positive attitude toward promoting respect human rights, gender relations and health education

- Current implementing activities
 - Capacity building
 - Peer System
 - Advocacy through awareness raising campaigns/forum/round table discussion/debate/workshop
 - Partnership and Networking
- **Pre Married Prevention Project: Funded by MTV Staying Alive Foundation**
 - Overall Objective: Improve the knowledge on HIV and AIDS including inform youth about their prevention options such as safe sex, condom demonstration and accurate information and services about HIV and AIDS among young university students as the target
 - KEY ACTIVITIES/STRATEGIES:
 - Capacity building (life skills education)
 - Referral partners included clinic visits (NGO clinics and referral hospital) and hotline counseling (refer to partners)
 - Peer systems
 - Awareness: Community forum, Youth Debate, workshop, social media (Facebook), World AIDS Day Campaign

- Following up on the work plan from last year, facilitated by Nimol Soth, National Program Officer for HIV/AIDS, UNESCO Cambodia. The voluntary participants had been asked to do the concise statement of their work plan which had been done in previous activities:

- Shared the HIV/AIDS information to family, friends, community and schools
- Developed the video documentary on HIV/AIDS related stigma and discriminations against PLHIV and MARPS
- Formed as group and network in order to share information, training, workshop and meeting related HIV/AIDS
- Encouraged other young people to access VCCT and STI services



- Presenting HIV/AIDS Situation related to young people in Cambodia, Facilitated by Phorng Chanthorn, MARPs Coordinator, National AIDS Authority.

- History of HIV: The HIV was come from Chimpanzee in West Africa during the late 19th or early 20th century.
- Definition: HIV: Human Immune-deficiency Virus, AIDS: Acquired Immune Deficiency Syndrome.
- How does HIV transmit?
 - Having sex with someone who has HIV. In general, anal sex is the highest-risk sexual behavior, Receptive anal sex (bottoming) is riskier than assertive anal sex (topping), vaginal sex is the second highest-risk sexual behavior, having multiple sex partners or having other sexually transmitted infections can increase the risk of infection through sex.

- Sharing needles, syringes, rinse water, or other equipment (works) used to prepare injection drugs with someone who has HIV
- Transmission via donated blood or blood clotting factors.
- Mother-to-child transmission
- HIV prevalence among populations aged 15 to 49 years old is 0.6 percent in 2014
- Number of HIV infected population aged 15 years old and above is 70185 people
- Number of new case among population aged 15 years old and above is 1003
- The key populations at risk to HIV exposure are MSM & TG (2.1%), EW (14%), and PWUD (4%) and PWID (24.8%)
- Risky behaviors of young people in Cambodia: those who used drug were 3.55% among female and 15.2% among male, condoms use among partners were 31.43% among female and those who have never received the condoms were 10.75% among male.
- The STI symptom of female was 17.82% had discharge with unpleasant smell and 1.37 of male had the same status.
- The MARYP2010 survey shown that 11.81% of females were ever being pregnant and 33.19% ever had abortion
- The national HIV/AIDS response: NSPIII, HIV New Policy, 3-Zero Strategies and National Youth Health Policy
- Suggested recommendations for young people would be ABC (A = Abstinence, B = Be faithful, C = Condom)



IV. Key Recommendations/Suggestions

- ✓ Continue to promote the HIV/AIDS knowledge and information sharing to colleagues, friends, or workplace, schools and public
- ✓ Promote the engagement of young people, in particular the students from high schools or universities, to become the peer educators or peer facilitators
- ✓ Encourage young people to get involved in the social events, national and international events such as Valentine's Day, Human Rights Day, International Women's Day, International AIDS Day, etc.
- ✓ Link young people to existing networks (Cambodian Youth LEAD, PHD....)

V. Next Step

- Conduct field visits on HIV testing at clinics or health centers
- Develop action plan for the year 2014 and 2015
- Create a group of participants on the social media (Facebook) to share information

Seen and Approved by: _____

Prepared by: _____

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